

## **A LETTER TO YOUNG WOMEN LEADERS, RELIEF SOCIETY PRESIDENCIES, & TEACHERS**

I want you to get as much use out of the *Guide* and *Workbook* as possible. While *A Future Only God Can See for You: A Guide for Young Women on Preparing to Lead* and the accompanying *Workbook* were written for teens and young adult women, we couldn't help but think how these materials could be used in group settings as well. From supplementing Young Women or Relief Society lessons, to creating mid-week activities, both the *Guide* and *Workbook* offer roadmaps for readers and leaders alike.

Most chapters in the *Guide* end with a section of “Strategies” to better practice the principles of the chapter. You can easily sculpt a lesson or discussion around principles shared in a chapter, then invite attendees to choose a strategy to practice.

For example, if you were to teach on Confidence (Chapter 5), you could begin by asking attendees about some things that hurt their confidence (see section “Limiting Behaviors”). You could then share some excerpts from President Russell M. Nelson’s talk “A Plea to My Sisters” (some excerpts of which were shared in this chapter), facilitate a discussion about how gaining testimony of and living eternal gospel principles helps us increase in confidence, and end by sharing the strategies at the end of the chapter. Invite each attendee to choose a strategy to practice this week.

In addition to activities for individuals to complete on their own, the *Workbook* features a number of group activities. For example, after reviewing different leadership characteristics found in Chapter 1 of both the *Guide* and the *Workbook*, the *Workbook* offers this discussion prompt:

“With a small group of friends, Young Women class, or during a Relief Society activity, discuss the following question: How can strengthening, developing, or practicing these characteristics or actions prepare us to lead in various settings, including in our homes, communities, and society?”

In this discussion about the importance of becoming future leaders, the teacher could supplement this discussion with quotes and thoughts from the *Guide* and other individual activities from the *Workbook*.

The *Guide* and *Workbook* can also be utilized with the youth personal development program. Most, if not all, of the chapters can fit into one or more of the categories that youth are invited to grow in: spiritual, physical, social and intellectual. For example:

- A Young Woman may want to become more intentional about her social media usage (“Social”). Chapter 11 of the *Guide* covers social media, and the accompanying chapter of the *Workbook* offers activities and study materials.



- Chapter 8 of the *Guide* and *Workbook* encourage readers to pursue their education and shares about the importance of gaining an education. This would fit under the “Intellectual” category.
- Several of the chapters encourage readers to pursue personal revelation—there’s even an entire chapter about it (Chapter 15). Young Women could use these chapters to help guide “Spiritual” goals.
- The *Guide* and *Workbook* invite readers to uncover their gifts, talents, and strengths (Chapter 6), which can truly fit in any of the four categories.

However, you choose to utilize the *Guide* and *Workbook*, I hope it benefits both you and those you preside over. We each have a divine call to lead, whether that be in our homes, at church, in the community, or in the world. I am honored to be a part of your journey.

Sincerely,

A handwritten signature in cursive script, reading "Susan R. Madson". The signature is written in black ink on a light-colored background.