

## A LETTER TO PARENTS

*A Future Only God Can See for You: A Guide for Teen and Young Adult Women on Preparing to Lead* and the accompanying *Workbook* were created to inspire, motivate, challenge, and propel young women forward in their journeys to influence and lead. You have an incredible opportunity to support your daughter in her preparation for future leadership opportunities—and to even grow alongside her in these efforts!

Here are some ways you can do that:

- Ask your daughter questions about what she’s learning from the *Guide* and *Workbook*.
- Ask your daughter how you can best support or cheer her on as she prepares herself for current or future leadership roles.
- Read the *Guide* for yourself to understand more of what she’s learning.
- Work through the *Workbook* on your own—you’ll be a great example to her!

The *Guide* and *Workbook* can also be utilized with the youth personal development program. Most, if not all, of the chapters can fit into one or more of the categories youth are invited to grow in: spiritual, physical, social and intellectual.

For example:

- A Young Woman may want to become more intentional about her social media usage (“Social”). Chapter 11 of the *Guide* covers social media, and the accompanying chapter of the *Workbook* offers activities and study materials.
- Chapter 8 of the *Guide* and *Workbook* encourages readers to pursue their education, and shares about the importance of gaining an education. This would fit under the “Intellectual” category.
- Several of the chapters encourage readers to pursue personal revelation—there’s even an entire chapter about it (Chapter 15). Young Women could use these chapters to help guide “Spiritual” goals.
- The *Guide* and *Workbook* invite readers to uncover their gifts, talents, and strengths (Chapter 6), which can truly fit in any of the four categories.

There are countless ways your daughter can use the materials in the *Guide* and *Workbook* to support her in her personal development goals, whatever they may be. You can offer to help brainstorm different ideas with her and cheer her on as she works toward the goal she chooses. Let her take the lead—she is preparing to be a future leader someday, after all!

Sincerely,

