

SEEDS, ROOTS, AND FRUIT

When we know who we are and what we believe in, we can become stronger leaders. We read about a similar concept in Alma 32:26-41. While Alma compares faith to a seed, we can really use this for any principle that we want to grow in. We must first by plant a "seed," and then nurture it so the "roots" are healthy and firmly planted in the ground. Then, our "tree" can grow and bear good "fruit."

SEEDS

Read Alma 32:28-33, then reflect on the following questions:

What are the conditions that seeds usually need to grow?

What are the conditions that *you* need to grow (spiritually, socially, intellectually, physically)?

What is one thing you can do to make your environment or the conditions you find yourself in better for your personal growth?

ROOTS

Read Alma 32:37, 41, then reflect on the following questions:

Why is it important for a tree to have healthy roots?



What "roots" of our testimony can we nourish?

How will this help us as we develop into future leaders?

FRUIT

"Fruit" can be defined as any "result or reward of work or activity" (Oxford Languages Dictionary). We are also taught that "the fruit of the Spirit is love, joy peace, longsuffering, gentleness, goodness, faith, meekness, [and] temperance" (Galatians 5:22) and that "ye shall know [if someone is following Christ or not] by their fruits" (Matthew 7:16).

With this information, read Alma 32:42-43 and Proverbs 31:10-31, then reflect on the following questions:

What are some "fruits" that you recognize in yourself?

What are some "fruits" that others have noticed in you?

What are some other "fruits" you can develop that will help you as a leader? What can you do to help you develop them?

